

Key National Observances & Campaigns

Awareness Months

JANUARY

Thyroid Disease Awareness Month

<http://www.thyroidawareness.com/>

Glaucoma Awareness Month

<http://www.glaucoma.org/news/glaucoma-awareness-month.php>

Financial Wellness Month

<http://www.mymoney.gov/>

National Poverty in America Awareness Month

<https://www.gfwc.org/national-poverty-america-awareness-month/>

Cervical Health Awareness Month

<https://www.nccc-online.org/hpvcervical-cancer/cervical-health-awareness-month/>

FEBRUARY

American Heart Month

<http://www.cdc.gov/Features/HeartMonth/>

Wise Health Consumer Month

<https://healthylife.com/wise/>

Low Vision Awareness Month

<https://nei.nih.gov/nehp/lvam>

MARCH

Multiple Sclerosis Awareness Month

<https://www.nationalmssociety.org>

National Nutrition Month

<http://www.eatright.org/nnm/>

Women's History Month

<http://womenshistorymonth.gov>

Save Your Vision Month

<https://www.aoa.org/news/inside-optometry/owning-save-your-vision-month>

American Red Cross Month

<https://www.redcross.org>

APRIL

National Counseling Awareness Month

www.counseling.org

Stress Awareness Month

www.counseling.org

Parkinson's Awareness Month

<https://www.parkinson.org/KeyToPD>

Occupational Therapy Month

<https://www.aota.org/Conference-Events/OTMonth.aspx>

MAY

Asthma and Allergy Awareness Month

www.aafa.org

Lupus Awareness Month

<http://www.lupus.org/newsite/pages/lupus-awareness-month.html>

Older Americans Month

<https://acl.gov/oam/2019/older-americans-month-2019>

Mental Health Month

<https://www.nami.org/mentalhealthmonth>

Huntington's Disease Awareness Month

www.hdsa.org

National Physical Fitness and Sports Month

www.fitness.gov

National Stroke Awareness Month

www.stroke.org

National Melanoma/Skin Cancer Awareness Month

www.skincancer.org

Speech, Language and Hearing Month

<http://www.asha.org/>

Clean Air Month

<https://www.aafa.org/clean-air/>

Better Hearing Month

<https://www.audiology.org/get-involved/public-awareness/may-is-better-hearing-month>

 **JUNE**

National Safety Month

www.nsc.org

National Scleroderma Awareness Month

www.scleroderma.org

Migraine Awareness Month

www.headaches.org

 **JULY**

UV Safety Month

<https://voice.ons.org/stories/raise-awareness-in-july-for-ultraviolet-safety-and-skin-cancer-risk>

Eye Injury Prevention Month

<https://yoursightmatters.com/make-safety-a-priority-during-eye-injury-prevention-month/>

 **SEPTEMBER**

National Yoga Month

www.yogamonth.org

National Preparedness Month

<http://www.redcross.org/prepare/nationalpreparednessmonth>

 **OCTOBER**

National Disability Employment Awareness Month

<http://www.dol.gov/odep/topics/ndeam/>

Rett Syndrome Awareness Month

<http://www.rettsyndrome.org/>

Health Literacy Month

www.healthliteracymonth.org

National Depression and Mental Health Screening Month

www.mentalhealthscreening.org

 **NOVEMBER**

National Epilepsy Awareness Month

<http://www.epilepsyfoundation.org/>

National Family Caregivers Month

<http://caregiveraction.org/>

American Diabetes Month

www.diabetes.org

National Alzheimer's Disease Awareness Month

www.alz.org

Awareness Weeks

JANUARY

w3 Healthy Weight Week
<http://www.healthyweight.net/hww.htm>

FEBRUARY

w1 Burn Awareness Week
<http://www.ameriburn.org/preventionBurnAwareness.php>

w2 Random Acts of Kindness Week
<https://www.randomactsofkindness.org/rak-week>

w4 America Saves Week
<https://americasavesweek.org/>

MARCH

w1 Patient Safety Awareness Week
<http://www.npsf.org/>

APRIL

w1 National Public Health Week
www.apha.org

w3 National Volunteer Week
www.PointsofLight.org

w5 Occupational Health Nurses Week
<http://aaohn.org/page/occupational-health-nurses-week>

MAY

w2 National Prevention Week
<http://www.samhsa.gov/prevention-week/>

w2 National Women's Health Week
<http://womenshealth.gov/nwhw/>

w3 National Transportation Week
<https://www.transportation.gov>

w4 Older Americans Mental Health Week
<https://www.apa.org/pi/aging/resources/newsletter/2018/05/mental-health-week>

w5 National Small Business Week
<https://www.sba.gov/national-small-business-week/>

SEPTEMBER

w1 Suicide Prevention Week
www.suicidology.org

w2 National Assisted Living Week
www.nalw.org

w2 Hearing Aid Awareness Week
<http://ihsinfo.org/lhsV2/Home/Index.cfm>

OCTOBER

w2 Mental Illness Awareness Week
www.nami.org

Awareness Days



JANUARY

- 4 World Braille Day
<https://brailleworks.com/what-is-world-braille-day/>
- 24 Moebius Syndrome Awareness Day
<https://moebiuussyndrome.org/events/moebius-syndrome-awareness-day/>



FEBRUARY

- 1 Go Red For Women Cause Initiatives
<https://www.goredforwomen.org/en/about-go-red-for-women>
- 2 Rheumatoid Awareness Day
<http://rheum4us.org/rheumatoid-arthritis-awareness-day/>
- 28 Rare Disease Day
<https://www.facebook.com/RareDiseaseDay.US>



MARCH

- 3 World Hearing Day
<https://www.who.int/pbd/deafness/world-hearing-day/en/>
- 8 International Women's Day
<http://internationalwomensday.com/>
- 20 National Native HIV/AIDS Awareness Day
<https://aidsinfo.nih.gov/understanding-hiv-aids/hiv-aids-awareness-days/150/national-native-hiv-aids-awareness-day>
- 21 World Down Syndrome Day
<http://www.worlddownsyndromeday.org/>
- 26 Purple Day for Epilepsy
<http://www.purpleday.org>



APRIL

- 2 Autism Awareness Day
<http://www.autismspeaks.org/what-autism/world-autism-awareness-day>
- 7 World Health Day
www.who.org
- 10 Siblings Day
<https://siblingsday.org/>
- 16 National Healthcare Decisions Day
www.nhdd.org



MAY

- 9 Children's Mental Health Awareness Day
<https://www.samhsa.gov/childrens-awareness-day>
- 16 Global Accessibility Awareness Day
<https://globalaccessibilityawarenessday.org/>
- 29 National Senior Health & Fitness Day
www.fitnessday.com



AUGUST

- 4 National Friendship Day
<http://www.friendshipday.org/>
- 5 National Kids Day
<https://nationaldaycalendar.com/days-2/national-kids-and-pets-day-april-26/>
- 21 Senior Citizens Day
<http://www.doonehthing.org/calendar/seniorcitizensday.htm>



SEPTEMBER

- 8 National Grandparents Day
<https://grandparentsday.org/>
- 21 World Alzheimer's Day
<https://www.alzinfo.org/articles/world-alzheimers-day/>



OCTOBER

- 1 International Day of Older Persons
<https://www.un.org/en/events/olderpersonsday/>
- 10 World Mental Health Day
https://www.who.int/mental_health/world-mental-health-day/en/



NOVEMBER

- 11 Veterans Day
- 22 National Family Health History Day
www.hhs.gov/familyhistory/



DECEMBER

- 5 International Volunteer Day
<https://www.un.org/en/events/volunteerday/>