

## Key National Observances & Campaigns

### Awareness Months

#### **JANUARY**

Thyroid Disease Awareness Month

<http://www.thyroidawareness.com/>

Glaucoma Awareness Month

<http://www.glaucoma.org/news/glaucoma-awareness-month.php>

Financial Wellness Month

<http://www.mymoney.gov/>

National Poverty in America Awareness Month

<https://www.gfwc.org/national-poverty-america-awareness-month/>

Cervical Health Awareness Month

<https://www.nccc-online.org/hpvcervical-cancer/cervical-health-awareness-month/>

#### **FEBRUARY**

American Heart Month

<http://www.cdc.gov/Features/HeartMonth/>

Wise Health Consumer Month

<https://healthylife.com/wise/>

Low Vision Awareness Month

<https://nei.nih.gov/nehp/lvam>

#### **MARCH**

Multiple Sclerosis Awareness Month

<https://www.nationalmssociety.org>

National Nutrition Month

<http://www.eatright.org/nnm/>

Women's History Month

<http://womenshistorymonth.gov>

Save Your Vision Month

<https://www.aoa.org/news/inside-optometry/owning-save-your-vision-month>

American Red Cross Month

<https://www.redcross.org>

#### **APRIL**

National Counseling Awareness Month

[www.counseling.org](http://www.counseling.org)

Stress Awareness Month

[www.counseling.org](http://www.counseling.org)

Parkinson's Awareness Month

<https://www.parkinson.org/KeyToPD>

Occupational Therapy Month

<https://www.aota.org/Conference-Events/OTMonth.aspx>

#### **MAY**

Asthma and Allergy Awareness Month

[www.aafa.org](http://www.aafa.org)

Lupus Awareness Month

<http://www.lupus.org/newsite/pages/lupus-awareness-month.html>

Older Americans Month

<https://acl.gov/oam/2019/older-americans-month-2019>

Mental Health Month

<https://www.nami.org/mentalhealthmonth>

Huntington's Disease Awareness Month

[www.hdsa.org](http://www.hdsa.org)

National Physical Fitness and Sports Month

[www.fitness.gov](http://www.fitness.gov)

National Stroke Awareness Month

[www.stroke.org](http://www.stroke.org)

National Melanoma/Skin Cancer Awareness Month

[www.skincancer.org](http://www.skincancer.org)

Speech, Language and Hearing Month

<http://www.asha.org/>

Clean Air Month

<https://www.aafa.org/clean-air/>

Better Hearing Month

<https://www.audiology.org/get-involved/public-awareness/may-is-better-hearing-month>

 **JUNE**

National Safety Month

[www.nsc.org](http://www.nsc.org)

National Scleroderma Awareness Month

[www.scleroderma.org](http://www.scleroderma.org)

Migraine Awareness Month

[www.headaches.org](http://www.headaches.org)

 **JULY**

UV Safety Month

<https://voice.ons.org/stories/raise-awareness-in-july-for-ultraviolet-safety-and-skin-cancer-risk>

Eye Injury Prevention Month

<https://yoursightmatters.com/make-safety-a-priority-during-eye-injury-prevention-month/>

 **SEPTEMBER**

National Yoga Month

[www.yogamonth.org](http://www.yogamonth.org)

National Preparedness Month

<http://www.redcross.org/prepare/nationalpreparednessmonth>

 **OCTOBER**

National Disability Employment Awareness Month

<http://www.dol.gov/odep/topics/ndeam/>

Rett Syndrome Awareness Month

<http://www.rettsyndrome.org/>

Health Literacy Month

[www.healthliteracymonth.org](http://www.healthliteracymonth.org)

National Depression and Mental Health Screening Month

[www.mentalhealthscreening.org](http://www.mentalhealthscreening.org)

 **NOVEMBER**

National Epilepsy Awareness Month

<http://www.epilepsyfoundation.org/>

National Family Caregivers Month

<http://caregiveraction.org/>

American Diabetes Month

[www.diabetes.org](http://www.diabetes.org)

National Alzheimer's Disease Awareness Month

[www.alz.org](http://www.alz.org)

## Awareness Weeks

### **JANUARY**

**w3** Healthy Weight Week  
<http://www.healthyweight.net/hww.htm>

### **FEBRUARY**

**w1** Burn Awareness Week  
<http://www.ameriburn.org/preventionBurnAwareness.php>

**w2** Random Acts of Kindness Week  
<https://www.randomactsofkindness.org/rak-week>

**w4** America Saves Week  
<https://americasavesweek.org/>

### **MARCH**

**w1** Patient Safety Awareness Week  
<http://www.npsf.org/>

### **APRIL**

**w1** National Public Health Week  
[www.apha.org](http://www.apha.org)

**w3** National Volunteer Week  
[www.PointsofLight.org](http://www.PointsofLight.org)

**w5** Occupational Health Nurses Week  
<http://aaohn.org/page/occupational-health-nurses-week>

### **MAY**

**w2** National Prevention Week  
<http://www.samhsa.gov/prevention-week/>

**w2** National Women's Health Week  
<http://womenshealth.gov/nwhw/>

**w3** National Transportation Week  
<https://www.transportation.gov>

**w4** Older Americans Mental Health Week  
<https://www.apa.org/pi/aging/resources/newsletter/2018/05/mental-health-week>

**w5** National Small Business Week  
<https://www.sba.gov/national-small-business-week/>

### **SEPTEMBER**

**w1** Suicide Prevention Week  
[www.suicidology.org](http://www.suicidology.org)

**w2** National Assisted Living Week  
[www.nalw.org](http://www.nalw.org)

**w2** Hearing Aid Awareness Week  
<http://ihsinfo.org/lhsV2/Home/Index.cfm>

### **OCTOBER**

**w2** Mental Illness Awareness Week  
[www.nami.org](http://www.nami.org)

## Awareness Days



### JANUARY

- 4 World Braille Day  
<https://brailleworks.com/what-is-world-braille-day/>
- 24 Moebius Syndrome Awareness Day  
<https://moebiuussyndrome.org/events/moebius-syndrome-awareness-day/>



### FEBRUARY

- 1 Go Red For Women Cause Initiatives  
<https://www.goredforwomen.org/en/about-go-red-for-women>
- 2 Rheumatoid Awareness Day  
<http://rheum4us.org/rheumatoid-arthritis-awareness-day/>
- 28 Rare Disease Day  
<https://www.facebook.com/RareDiseaseDay.US>



### MARCH

- 3 World Hearing Day  
<https://www.who.int/pbd/deafness/world-hearing-day/en/>
- 8 International Women's Day  
<http://internationalwomensday.com/>
- 20 National Native HIV/AIDS Awareness Day  
<https://aidsinfo.nih.gov/understanding-hiv-aids/hiv-aids-awareness-days/150/national-native-hiv-aids-awareness-day>
- 21 World Down Syndrome Day  
<http://www.worlddownsyndromeday.org/>
- 26 Purple Day for Epilepsy  
<http://www.purpleday.org>



### APRIL

- 2 Autism Awareness Day  
<http://www.autismspeaks.org/what-autism/world-autism-awareness-day>
- 7 World Health Day  
[www.who.org](http://www.who.org)
- 10 Siblings Day  
<https://siblingsday.org/>
- 16 National Healthcare Decisions Day  
[www.nhdd.org](http://www.nhdd.org)



### MAY

- 9 Children's Mental Health Awareness Day  
<https://www.samhsa.gov/childrens-awareness-day>
- 16 Global Accessibility Awareness Day  
<https://globalaccessibilityawarenessday.org/>
- 29 National Senior Health & Fitness Day  
[www.fitnessday.com](http://www.fitnessday.com)



### AUGUST

- 4 National Friendship Day  
<http://www.friendshipday.org/>
- 5 National Kids Day  
<https://nationaldaycalendar.com/days-2/national-kids-and-pets-day-april-26/>
- 21 Senior Citizens Day  
<http://www.dooneething.org/calendar/seniorcitizensday.htm>



### SEPTEMBER

- 8 National Grandparents Day  
<https://grandparentsday.org/>
- 21 World Alzheimer's Day  
<https://www.alzinfo.org/articles/world-alzheimers-day/>



### OCTOBER

- 1 International Day of Older Persons  
<https://www.un.org/en/events/olderpersonsday/>
- 10 World Mental Health Day  
[https://www.who.int/mental\\_health/world-mental-health-day/en/](https://www.who.int/mental_health/world-mental-health-day/en/)



### NOVEMBER

- 11 Veterans Day
- 22 National Family Health History Day  
[www.hhs.gov/familyhistory/](http://www.hhs.gov/familyhistory/)



### DECEMBER

- 5 International Volunteer Day  
<https://www.un.org/en/events/volunteerday/>

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