# BEHAVIORAL HEALTH AND RETAIN:

# Wraparound Service or Collaborative Care?



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**Stonegate Strategies** 

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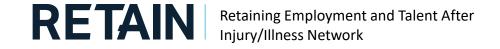
Retaining Employment and Talent After Injury/Illness Network





#### Today's Agenda

- Welcome and Introductions
- Terms
- Stay-at-Work (SAW) /Return-to-Work (RTW) and Behavioral Health (BH)
- Wraparound Supports
- Collaborative Care
- Group Discussion



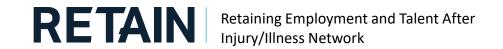
## **TERMS**



#### **Definitions**

Behavioral Health = Mental Health + Substance Use Disorder

For purposes of this session, I will use the term "behavioral health" to encompass both forms of support and intervention.





Wraparound supports are services or offerings from an employer that aim to stabilize the personal lives of staff through unconventional benefits.

Leading Age

# Stay-at-Work/Return to Work and Behavioral Health

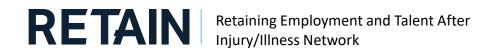


#### SAW/RTW and BH

- Response and recovery from event/trauma
- Treatment for existing diagnosis
- New medication impact on possible SUD
- Employment "mindset?"
- And ...?



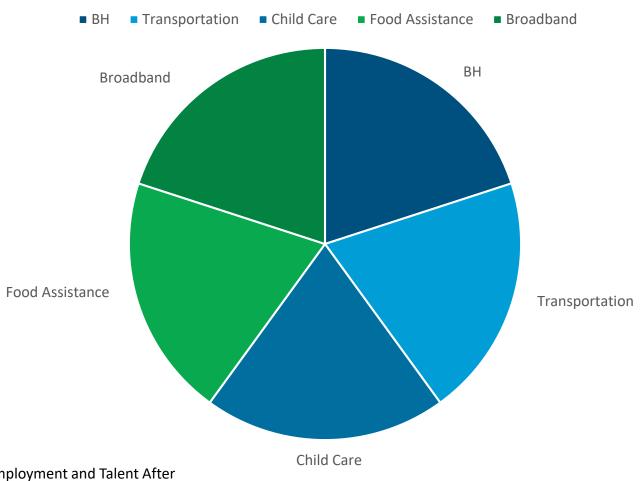
# How might (increased) behavioral health support improve SAW/RTW outcomes?



# Wraparound Supports



#### Wraparound Supports



#### Populations and Wraparound

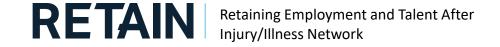
- Direct Caregiving Workforce
  - ✓ Leading Age
- Black Workers
  - ✓ Jobs for the Future (JFF)
- Public Workforce System Customers
  - √ Towards Employment
- All share interest in equity, improving employment rates and outcomes

### Collaborative Care



#### SAW/RTW Intervention Pathways

- Health Care
- Public Assistance
- Unemployment Insurance
- Workers Compensation
- Private Disability Insurance
- Job Training

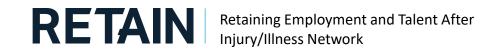


#### Populations and Collaborative Care

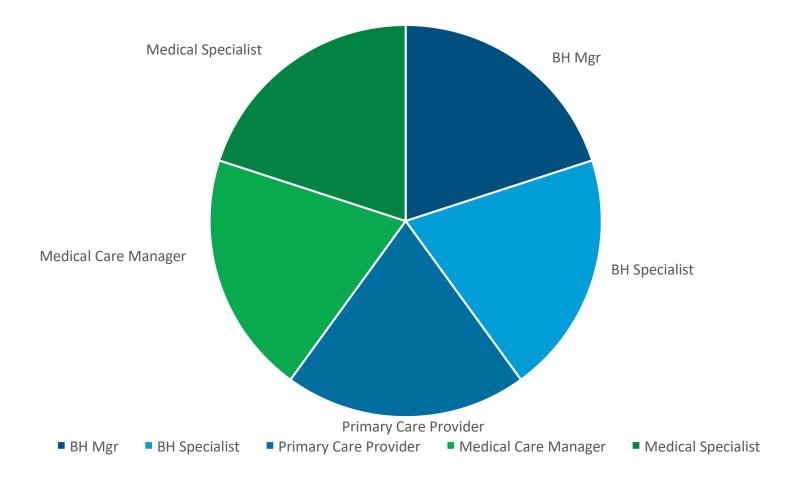
- University students
- Postpartum mothers
- Older adults
- Substance use disorders (SUDs)
- All these populations demonstrated evidence-based improvements through use of psychiatric collaborative care model (CoCM):

"Current data suggests that Collaborative Care may significantly improve patient outcomes and time-to-treatment in all reviewed settings, and successfully adapts to special patient populations."

✓ Collaborative mental health care: A narrative review, Dec 30, 2022, Christopher Reist, MD, MBA,a,b Incia Petiwala, BS,c Jennifer Latimer, LCSW,c Sarah Borish Raffaelli, PhD,c Maurice Chiang, MS,corresponding authorc,\* Daniel Eisenberg, PhD,d and Scott Campbell, MDe



#### Collaborative Care





#### Four Quadrant Clinical Integration Model

# Behavioral Health Risk/Complexity Low to High

RETAIN

#### BH High/PH Low

- BH clinician/case manager coordinates w/PCP
- Medical nurse at BH site
- Speciaity and crisis care

#### **BH/PH Low**

- PCP w/standard screening and BH care manager
- Psychiatric consultation as needed
- Other community supports

#### BH High/PH High

- PCP with standard screening
- BH care manager
- Medical/disease care manager
- Assigned coor. Responsibility
- Other community supports

#### BH Low/PH High

- PCP with standard screening
- Care/disease manager
- Other community supports

Physical Health Risk/Complexity

Low to High

#### **BH Screening Options SAW/RTW**

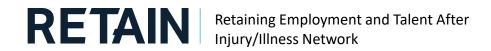
- Depression
- Anxiety
- Bi-polar
- Post-traumatic stress disorder (PTSD)
- SUD

Patient Health Questionnaire (PHQ-9): The PHQ-9 is a validated screening tool focusing on symptoms of depression.

Generalized Anxiety Disorder (GAD-7): The GAD-7 is a validated screening tool and symptom severity measure focusing on the four most common anxiety disorders.

Alcohol Use Screening (AUDIT-C): The AUDIT-C is a validated screening tool focusing on symptoms of alcohol dependence.

Substance Abuse Screening (ASSIST): ASSIST is a brief screening tool that focuses on dependency related to alcohol, tobacco products and other drugs.



## Group Discussion



#### **Discussion Questions**

- What BH Services are part of your RETAIN project?
- Do you consider these services health care, wraparound, or something else?
- How might we think and act differently with regards to behavioral health and RETAIN, to better support, serve and improve outcomes?
- What's next after RETAIN for BH services and SAW/RTW?

## Thank you!

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