# Building a new trail

### PACKING OUR OWN TOOLS & FORGING OUR OWN PATH TO THE SUMMIT

VT RETAIN uses a medical home model in which we partner with primary care clinics across the state to address identified gaps in addressing work as a health outcome.

#### Benefits

- Patient-centered care
- Patients can stay in their medical home
- RETAIN can assist a larger population
- RETAIN services are available throughout the state
- Direct support of frontline clinicians to address work as a health outcome
- RETAIN can customize support to integrate with clinic workflows and processes

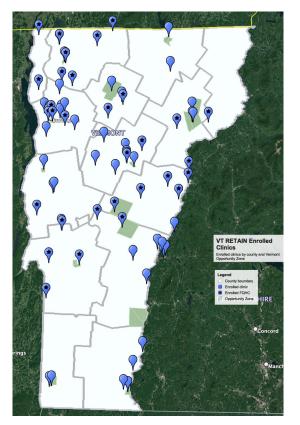
Challenges

- Working across different health information systems and records
- Building relationships with specialists and services within many different health systems takes start-up time
- Balancing customization and standard procedures for screening sites requires strong project management

We facilitate assistance, enhance available resources, and connect the dots. We don't direct care.

## CLEAR BRUSH, PUSH ROCKS, CONSIDER ADDING

VT RETAIN identified target clinics for enrollment based on state geography, population data, and need.



**SWITCHBACKS** Before patients whose practice is not already enrolled can join the study, we need to enroll their practices as VT RETAIN screening sites and provide training.

Each location provides VT RETAIN their contact information and chooses a screening method to implement.

The clinic is randomized and VT RETAIN leads the clinic through the steps of onboarding and training.

We have a variety of methods to keep clinics activated, respond to many different challenges they face, and maintain connection to all clinic personnel:

- Offer many screening solutions, flexible contract language, and accept custom requests to fit the needs of the clinic
- Regular coach contact for staff, clinic reports for management, quarterly newsletter for leadership, guides and resources for clinicians
- Make it as easy as possible to screen patients
- Offer staff care support

## **ENJOY THE VIEW FROM THE SUMMIT**

We have:

- Enrolled 100 primary care clinics throughout the state, ensuring easy access to RETAIN.
- Forged statewide partnerships with employers and organizations to expand connection to VT RETAIN services.
- Maintained flexibility and responded to the needs of clinics to support engagement and screening.
- Put posters in communities to identify at-risk individuals not treating with their PCP or not treating early in their illness or injury process. All patients are connected back to their medical home.



We are now enrolling patients consistently – the trail is clear and marked!